

# A Manual Of Acupuncture Peter Deadman

A Manual Of Acupuncture Peter Deadman A Manual of Acupuncture Peter Deadman A Comprehensive Guide to the Ancient Art A Manual of Acupuncture by Peter Deadman is a cornerstone text in the field of Traditional Chinese Medicine TCM This comprehensive guide originally published in 1982 has been a trusted resource for practitioners and students alike for over four decades It stands out for its detailed yet accessible approach to understanding and practicing acupuncture weaving together the ancient wisdom of TCM with modern scientific perspectives

**Structure of the Book** The book is divided into four main sections each exploring a different aspect of acupuncture

**Part I The Fundamentals**

**Chapter 1 The History and Philosophy of Acupuncture** This chapter lays the groundwork by introducing the historical origins and philosophical underpinnings of acupuncture It delves into the fundamental concepts of Qi Yin and Yang and the Five Elements providing a strong foundation for understanding TCMs holistic approach

**Chapter 2 The ZangFu Organs** This chapter explores the intricate network of ZangFu organs within the body detailing their functions relationships and how imbalances in these organs manifest as illness This section lays the foundation for understanding acupuncture's ability to harmonize these vital functions

**Chapter 3 The Channels and Collaterals** Here Deadman presents a clear and detailed description of the 12 main channels meridians and their collaterals He meticulously maps the pathways of each channel outlining their energetic connections and the specific points located along their routes This knowledge forms the basis for choosing appropriate acupuncture points for treatment

**Chapter 4 The Points** This chapter delves into the diverse world of acupuncture points providing detailed information on their locations indications and functions Deadman offers clear anatomical descriptions making it easier for practitioners to accurately locate and stimulate these points

**Part II The Practice of Acupuncture**

**Chapter 5 Diagnosis** This section focuses on the crucial process of diagnosis in acupuncture

**2 Deadman explores the four diagnostic methods of TCM inspection palpation auscultation and olfaction** He emphasizes the importance of understanding the patients

individual presentation and integrating this information to reach a precise diagnosis Chapter 6 Treatment This chapter provides practical guidance on the various techniques and approaches used in acupuncture Deadman outlines the different methods of needle manipulation as well as the application of moxibustion and cupping He also covers the selection of appropriate acupuncture points based on specific conditions Chapter 7 Clinical Cases This chapter offers practical insights through detailed case studies showcasing how acupuncture is used to treat a wide range of conditions It demonstrates the application of acupuncture principles in realworld scenarios providing valuable examples for practitioners Part III Special Topics Chapter 8 Obstetrics and Gynecology This chapter explores the unique applications of acupuncture in womens health including issues related to pregnancy labor menstrual irregularities and infertility Chapter 9 Pediatrics Here Deadman addresses the challenges and considerations of treating children with acupuncture He offers guidance on safe and effective techniques for addressing various childhood illnesses and conditions Chapter 10 Emergency Medicine This chapter delves into the use of acupuncture for emergency conditions including trauma pain and respiratory distress It demonstrates the potential of acupuncture as a valuable tool in emergency settings Part IV Appendices Appendix A Glossary of Terms This glossary provides definitions of key TCM concepts ensuring clarity and understanding throughout the book Appendix B Charts and Tables This appendix includes helpful charts and tables summarizing information on acupuncture points channels and other relevant topics Appendix C Bibliography This comprehensive bibliography provides a rich resource for further reading and exploration Key Features Comprehensive and Detailed This book covers a wide range of topics related to acupuncture making it a valuable resource for both beginners and experienced practitioners Clear and Accessible Deadmans writing style is clear and engaging making complex concepts understandable even for those new to TCM Practical and Clinically Relevant The book provides practical guidance on diagnosis 3 treatment and specific clinical applications Integration of Traditional and Modern Knowledge Deadman seamlessly blends traditional Chinese medicine principles with modern scientific perspectives providing a wellrounded understanding of acupuncture Durable and WellOrganized This book is a valuable investment for any TCM practitioner or student offering a wellstructured and easily referenced guide to acupuncture Conclusion A Manual of Acupuncture by Peter Deadman is

a timeless classic in the field of Traditional Chinese Medicine Its comprehensive coverage clear explanations and practical applications make it an indispensable resource for anyone seeking to deepen their understanding and practice of this ancient art This book continues to be a vital tool for promoting health and wellbeing through the power of acupuncture

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established as the most complete work on the channels collaterals and points in english a manual of acupuncture has become the gold standard text for students and practioners of acupuncture introductory chapters on the channels and collaterals point categories point selection models point location and needling illustrations and text descriptions of all primary extraordinary divergent luo connecting and sinew channels the points of the fourteen channels and the extra points with their english name chinese name and chinese character the most exacting and accurate anatomical point locations yet published in any english text with practical point location notes to assist in easy location nearly 500 illustrations with a single dedicated illustration for every point point actions to aid the understanding and memorization of each point s prinicpal qualities extensive lists of point indications taken from numerous classical and modern source texts and grouped for ease of reference substantial commentaries explaining in detail the principal historical and modern applications of the point and drawing on classical and modern texts and the extensive clinical experience of the authors numerous classical prescriptions showing how the points have been used and combined through nearly two millenia of practice area illustrations showing the locations of the major points in each region of the body extensive idexes including an index of every point indication

this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points but experienced practitioners can also learn about seldom used acupuncture points and also broaden their knowledge acupuncture in latin means sticking with the needle each of the 409 important acupuncture points is presented with an anatomical graphic an overview of the meridian and a photo showing the needle placement the combination of chinese sources and the authors therapeutic experiences provides a sensible balance between the most important indications and practical needs the names properties and applications of the individual acupuncture points have been revised on this basis far eastern healing methods and western observation techniques create a bridge between asian and western views of acupuncture this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points but experienced practitioners can also learn about seldom used acupuncture points and thus extend their knowledge

this multimedia dvd rom includes the complete contents of a manual of acupuncture published in 1998 in fully linked digital form

cancer is one of the leading killers in the world and the incidence is increasing but most cancer patients and cancer survivors suffer much from the disease and its conventional treatments side effects in the past clinical data showed that some complementary and alternative medicine cam possessed anticancer abilities but some clinicians and scientists have queried about the scientific validity of cam due to the lack of scientific evidence there is great demand in narrowing the knowledge gap to explore the scientific and evidence based knowledge of cam in the anticancer field with this aim an unparalleled undertaking of a book series is launched to structurally consolidate this area although acupuncture and moxibustion have been practiced for millennia they have come under scientific investigation only recently acupuncture and moxibustion have been used clinically to treat cancer related symptoms e g cancer pain anxiety depression and insomnia manage treatment induced side effects e g hot flashes nausea and vomiting and enhance immunity e g blood cell count lymphocyte and natural killer cell activity this is the first book manages to provide comprehensive and updated scientific evidence of the effectiveness of acupuncture and moxibustion intervention for cancer care laboratory and animal studies have uncovered the mechanisms of acupuncture and moxibustion for cancer therapy promising results of most clinical trials show the efficacy and safety of acupuncture and moxibustion in cancer management this book consists of fifteen chapters which address a range of important aspects that will impact on the application of acupuncture and moxibustion an overview of the safety and side effectsof acupuncture and moxibustion for cancer care are also covered in addition the integration of acupuncture with western medicine in cancer treatment and recent clinical trials are included as well opinion leaders around the world have teamed up to pursue a thorough and up to date review of the area this volume will contribute great to the cancer clinical and academic community by providing evidence based information on the efficacy of acupuncture and moxibustion as an anticancer therapy

central nervous system cns diseases such as stroke parkinson s disease vascular dementia alzheimer s disease multiple sclerosis bulbar palsy spinal cord injury traumatic brain injury

brain tumor cerebral palsy headache migraine epilepsy depression anxiety etc involve complex neural mechanism and seriously affect quality of life and threaten life safety in patients with these disorders multiple neural techniques such as functional magnetic resonance imaging positron emission tomography electroencephalography etc provide powerful tools for uncovering complex networks of neural mechanism and exploring key potential biomarkers to reveal the underlying neural feature of those disorders

acupuncture is a component of the health care system of china that can be traced back at least 2 500 years the general theory of acupuncture is based on the premise that there are patterns of energy flow qi through the body that are essential for health disruptions of this flow are believed to be responsible for disease acupuncture may it has been theorized correct imbalances of flow at identifiable points close to the skin the practice of acupuncture to treat identifiable pathophysiological disease conditions in american medicine was rare until the visit of president richard m nixon to china in 1972 since that time there has been an explosion of interest in the united states and europe in the application of the technique of acupuncture to western medicine acupuncture is a family of procedures involving stimulation of anatomical locations on or in the skin by a variety of techniques there are a variety of approaches to diagnosis and treatment in american acupuncture that incorporate medical traditions from china japan korea and other countries the most thoroughly studied mechanism of stimulation of acupuncture points employs penetration of the skin by thin solid metallic needles which are manipulated manually or by electrical stimulation

the entire contents of a manual of acupuncture is now available in an interactive dvd format the ultimate study aid fully searchable customizable self testing modules for points and channels videos show how to locate and needle every point high quality graphics chinese pronunciation of point names

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the 4th edition helps you skillfully assess your patients needs implement therapeutic strategies and effectively rehabilitate patients to maximum performance levels guides you in the application of specific tools procedures and techniques that produce results covers sports medicine osteoporosis geriatrics and brain injury

the seirin pictorial atlas of acupuncture is a new kind of manual it illustrates the whole range of acupuncture points and main channels the extraordinary vessels ren mai and du mai and the extraordinary points in a systematic and clear way each of the 409 important points is clarified through a series of three different illustrations a graphic indicates location on the body an overview of channels illustrates the point in the context of its pathway a photograph shows the acupuncture needle in position by combining chinese sources with the authors experience in therapy this book features a sensible balance between the most important indications and practical needs the names properties and applications of the individual acupuncture points were then revised on this basis the team of chinese and german authors creates a bridge between asian and western views of acupuncture this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points but experienced practitioners can also learn about seldom used acupuncture points and this extend their knowledge dust jacket

gabriel stux m d is chairman of the german acupuncture society düsseldorf and director of the acupuncture center he has practised and taught acupuncture worldwide since 1977 dr stux is the author and co author of several books on acupuncture in german bruce pomeranz m d ph d has taught zoology at the university of toronto since 1968 and

physiology at the same university since 1982 he obtained his m d and c m at mcgill university in 1961 and his ph d at harvard in 1967 he was assistant professor at m i t from 1966 to 1968 prof pomeranz has contributed 46 papers on acupuncture and together with dr stux is author of the standard textbook acupuncture textbook and atlas basics of acupuncture is a unique introductory book for the first time western science and medicine are combined with traditional chinese concepts it begins with a review of the scientific basis of acupuncture and relevant research an introduction to the philosophy and theory of traditional chinese medicine is then followed by a detailed account of diagnosis and description of the chinese system of channels functional organs and most important acupuncture points the remainder of the book is devoted to treatment based on western modes of diagnosis the methods and applications of needling and moxibustion are described and the most important points are given for frequently encountered diseases from a review in a german journal this book was written by a physician for physicians and medical students alike and is characterized by a high degree of practical relevance in addition to describing the 120 most important acupuncture points and depicting them in clear illustrations this volume also provides a survey of the therapeutic principles and the selection of acupuncture points for the most important diseases

there is a large increase in interest in acupuncture by health care consumers the three main reasons for this are medical effectiveness cost effectiveness and the credibility that clinical trials and physiological research have provided acupuncture is rapidly moving out of the arena of alternative medicine in large part again because it is grounded more firmly than other alternative treatments in research the book provides the reader with the up to date information on the clinical bases of acupuncture

this book is for modern medically trained practitioners from various fields it is also for anyone who wishes to study acupuncture and would like to know more about the core concepts of traditional chinese medicine it discusses the differentiation of syndromes and shows concisely how to form a correct acupuncture treatment plan throughout the book there is an emphasis on the use of modern medical language medical terms and anatomical locations to make this medical art and science more accessible to the modern reader



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